ARMADALE SHORT COGNITIVE ASSESSMENT

Bedside Screening Tool

No total score | Each domain assessed independently

Patient Name	Date of Birth	Date	Examiner

Clinician instructions are in *italics*. Say aloud the text in regular type. Scoring criteria appear beneath each task.

1. WORKING MEMORY *Registration & Immediate Recall*

I am going to ask you to remember a name and address. Listen carefully, then repeat it back to me.

Read each item slowly, allowing 1 second between items.

SCORE / 5

Peter	Davis	32	Long Street	Brookton

Score 1 point per item recalled correctly. Repeat up to 3 times if errors occur — note trials required (do not re-score).

Trials needed: 1 / 2 / 3

2. EXECUTIVE FUNCTIONS

2a Animal Fluency

I would like you to name as many different animals as you can. You have one minute. Begin when you are ready.

Cutoff: ≥ 13 = normal | ≤ 12 = impaired

COUNT _____

2b Luria Hand Movements

RESULT *Pass / Inconclusive / Fail*

Place your hands flat on your knees. I am going to show you different hand positions. Watch carefully, then copy me.

Demonstrate the sequence: fist one hand → swap (fist other hand, flatten first) → return to start. Repeat twice, then ask the patient to continue independently.

Pass: 5 consecutive cycles with no unprompted errors.

2c Months Backwards

SCORE / 5

I would like you to recite the months of the year in reverse order, starting with December and working backwards.

Stop when the patient reaches July. Score 1 point per month in correct sequence starting from November. Accept self-corrections; do not prompt.

Dec	Nov	Oct	Sep	Aug	Jul

3. ORIENTATION *Date, Time & Place*

Ask each question below. Do not provide cues or accept approximate answers for date items.

SCORE / 5

Question	Correct	Score
What is today's date?	☐	1
What month is it?	☐	1
What year is it?	☐	1
What day of the week is it?	☐	1
Where are we right now? (building / suburb)	☐	1

4. DELAYED RECALL *Free & Cued Recall*

Ask the patient to recall the name and address learned at the start. Do not initially provide cues. Follow-up with cued recall.

SCORE / 5

Tick ☐ each item recalled freely (Free Recall, score /5). For any item not recalled, read the three choices and ask 'Which one is correct?' — tick ☐ if correct (Cued Recall, score /5).

Item	Free recall	Cued recall (read aloud — only if not freely recalled)	Correct	Cued
First name	☐	*Peter / Mark / John*	**Peter**	☐
Surname	☐	*Smith / Jones / Davis*	**Davis**	☐
Number	☐	*32 / 34 / 36*	**32**	☐
Street	☐	*Church / Long / King Street*	**Long St**	☐
Suburb	☐	*York / Beverley / Brookton*	**Brookton**	☐

Free

SCORE / 5

Cued